

ROSENER HOUSE 500 Arbor Road Menlo Park CA 94025 Telephone: 650-322-0126 Fax: 650-543-4773 www.penvol.org



| Rosener House Lunch Menu January 2023 | | | | |
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| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| 2 Rosener House Closed | 3 BBQ Chicken Mashed Potatoes Broccoli Whole Wheat Bread Ice Cream | 4 Baked Ziti Vegetable Medley Whole Wheat Bread Pears | 5 Beef Bourguignon Peas & Carrots Whole Wheat Bread Pears | 6 Herb Roasted Chicken Herbed Brown Rice Pilaf Spinach Ice Cream |
| 9 Turkey Jambalaya Com Medley Carrots Whole Wheat Bread Pineapple | 10 Loco Moco over Rice Steamed Cabbage Whole Wheat Bread Oranges | 11 Vegetable Goulash Vegetable Medley Whole Wheat Bread Pears | 12 Roasted Fish w/ Lemon Basil Garlic Sauce Spinach Grain Medley Whole Wheat Bread Pineapple | 13 Chef's Choice Whole Wheat Bread Ice Cream |
| 16 Rosener House Closed | 17 Chicken & Vegetable Fajitas Steamed Brown Rice Whole Wheat Bread Pears | 18 Bean & Barley Vegetable Soup Green Beans Carrots Whole Wheat Bread Oranges | 19 Kung Pao Chicken w/ Steamed Rice Roasted Vegetables Whole Wheat Bread Pineapple | 20 Meatball Marinara Penne Pasta Roasted Vegetable Ratatouille Whole Wheat Bread Cupcakes |
| 23 Chicken Teriyaki Rice Edamame Whole Wheat Bread Oranges | 24 Sausage Potato O'Brien Caramelized Onions and Mushrooms Whole Wheat Bread Pears | 25 Vegetarian Three Bean Chili Zucchini Whole Wheat Bread Pineapple | 26 Chicken Alfredo Penne Roasted Lemon Broccoli Whole Wheat Bread Oranges | 27 Swedish Meatballs Mashed Potato Green Beans Whole Wheat Bread Ice Cream |
| 30 Chicken Fajitas with Tomato Rice Bell Peppers Whole Wheat Bread Pears | 31 Cajun Fish Roasted Potato Vegetables Whole Wheat Bread Oranges | | | |