

# PVI Adult Day Services at ROSENER HOUSE Activities January 2023

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



<p>Morning Welcome                  Exercise Group                  Specialized Music/Music Therapy                  Art Group                  Current Events                  Games Group</p>	<p>Morning Welcome                  Exercise Group                  Specialized Music/Music Therapy                  Bible Study                  Art Group                  Current Events                  Occupational Therapy                  Games Group</p>	<p>Morning Welcome                  Exercise Group                  Specialized Music/Music Therapy                  Art Group                  Current Events                  Games Group                  Occupational Therapy</p>	<p>Morning Welcome                  Exercise Group                  Dance and Movement                  Specialized Music/Music Therapy                  Art Group                  Current Events                  Occupational Therapy                  Games Group</p>	<p>Morning Welcome                  Lu's Relaxation Techniques/ Exercise                  Specialized Music/Music Therapy                  Art Group                  Current Events                  Games Group                  11:15- Zoom Bingo (Virtual Participants Only)</p>
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<p><b>2.</b>                  Closed in Observance of New Years</p>	<p><b>3. Visions of the New Year</b>                  Specialized Activity: Music                  Art                  Literature Discussion</p>	<p><b>4. Abstract Art inspired by Pollack</b>                  Specialized Activity: Music                  Art                  Spanish Group</p>	<p><b>5. Celebrating the Harlem Globetrotters</b>                  Specialized Activity: Music                  Brain Games</p>	<p><b>6. Travel to India</b>                  Specialized Activity: Music                  Art</p>
<p><b>9. Gone Fishing!</b>                  Specialized Activity: Songwriting                  Music</p>	<p><b>10. Music Appreciation with Allison</b>                  Specialized Activity: Music                  Art                  Literature Discussion</p>	<p><b>11. Art Appreciation with Judy</b>                  Specialized Activity: Music                  Art                  Spanish Group</p>	<p><b>12. Honoring MLK Jr</b>                  Specialized Activity: Music                  Brain Games</p>	<p><b>13. Travel with Dan</b>                  Specialized Activity: Music                  Art</p>
<p><b>16.</b>                  Closed in Observance of MLK Jr. Day</p>	<p><b>17. Music Appreciation with Allison</b>                  Specialized Activity: Music                  Art                  Literature Discussion</p>	<p><b>18. Art Appreciation with Judy</b>                  Specialized Activity: Music                  Art                  Spanish Group</p>	<p><b>19. Gold Rush at Rosener</b>                  Specialized Activity: Music                  Brain Games</p>	<p><b>20. Travel with Dan</b>                  Specialized Activity: Music                  Art</p>
<p><b>23. Rockin' at Rosener</b>                  Specialized Activity: Songwriting                  Music</p>	<p><b>24. Music Appreciation with Allison</b>                  Specialized Activity: Music                  Art                  Literature Discussion</p>	<p><b>25. Art Appreciation with Judy</b>                  Specialized Activity: Music                  Art                  Spanish Group</p>	<p><b>26. Stepping Stone Craft</b>                  Specialized Activity: Music                  Brain Games</p>	<p><b>27. Travel with Dan</b>                  Specialized Activity: Music                  Art</p>

**30. What's your Hobby?**  
Specialized Activity: Songwriting  
Music

**31. Music Appreciation with Allison**  
Specialized Activity: Music  
Art  
Literature Discussion

**Dan, Lu, Judy, and Allison are Foothill College instructors who provide continuing education and engaging talks to PVI Rosener House participants.**

***\*Activities subject to change***

**Activity Spotlight**

**1/2 – Closed for NY**

**1/4 – Abstract Art:  
Join us in making  
our own abstract art  
pieces inspired by  
Jackson Pollack**

**1/6 – Travel to India:  
We travel across the  
globe to explore  
India.**

**1/12 – Honoring  
MLK: We will be  
honoring the Civil  
Rights Leader with a  
talk and  
reminiscence of his  
life.**

**1/16 – Closed for  
MLK Day**

**1/30 – What's Your  
Hobby? – Join us in  
celebrating some of  
our favorite hobbies.  
Bring some pictures  
in to share some of  
your own!**