

PVI Adult Day Services at ROSENER HOUSE Activities October 2024



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Morning Welcome Exercise Group Specialized Music/Music Therapy Art Group Current Events Games Group Sensory Group	Morning Welcome Exercise Group Specialized Music/Music Therapy Bible Study Art Group Current Events Occupational Therapy Games Group Sensory Group	Morning Welcome Exercise Group Specialized Music/Music Therapy Art Group Current Events Games Group Occupational Therapy Sensory Group	Morning Welcome Exercise Group Dance and Movement Specialized Music/Music Therapy Art Group Current Events Games Group Sensory Group	Morning Welcome Lu's Relaxation Techniques/ Exercise Specialized Music/Music Therapy Art Group Current Events Games Group Occupational Therapy
	1. Music Appreciation: Country Western Specialized Activity: Music Literature Discussion	2. Rosh Hashanah Celebration Music Specialized Activity: Songwriting	3. National Golf Lovers Day: Hit the links and celebrate one of the oldest club-and-ball sports! Specialized Activity: Music Brain Games	4. Travel with Dan Specialized Activity: Music
7. National Architect Day: Learning about famous architects and admiring their work! Music Makers Group	8. Music Appreciation: The Roaring 20's Specialized Activity: Music Literature Discussion	9. Don't Crack the Egg: A competition in egg dropping! Music Specialized Activity: Songwriting	10. Space...The Final Frontier: Exploring alone is scary so lets hop in the ship and explore together! Specialized Activity: Music Brain Games	11. Travel with Dan Specialized Activity: Music
14. Sing-Along With Anna	15. Music Appreciation: The "British Invasion" Specialized Activity: Music Literature Discussion	16. National Fossil Day: Create your own prehistoric memento Music Specialized Activity: Songwriting	17. Celebrating African American Poets: We will read and appreciate poetic works by African American artists! Specialized Activity: Music Brain Games	18. Travel with Dan Specialized Activity: Music
21. Celebrate National Heroes: Who is your hero? Do they have the chops to be a national hero? Music Makers Group	22. Music Appreciation: Elvis Presley a Life of Music Specialized Activity: Music Literature Discussion	23. Songwriters Showcase: Our songwriting group will showcase their works! Specialized Activity: Sensory Art	24. Indigenous Peoples Day: Honor the rich history of Indigenous American peoples! Specialized Activity: Music	25. Travel with Dan Specialized Activity: Music
28. DIY Build a Spooky Bear Music Makers Group Theme: Sports Teams	29. Music Appreciation: Broadway Showtunes Theme: Dress Color Coordinated	30. Pumpkin Carving: Bats, skulls, and smiling pumpkins Theme: Let's get Tacky	31. Halloween Celebration: A spooktacular event!! Theme: Dress in a spooky costume	

Activity Spotlight

10/2: Rosh Hashanah– Celebrate Jewish New year and reflect on the year past.

10/7: National Architect day- Strap on your hardhats we're building a skyline.

10/16: Fossil Day– “It belongs in a museum!” Indiana Jones

10/30: Pumpkin Carving – We prepare for Halloween with our annual pumpkin carving event.

10/31: Halloween Party – Join us for our Halloween celebration!

Spirit Week

10/28: Go Team Go! - Represent your favorite sports team

10/29: Color Coordinated – Wear your favorite color from top to bottom.

10/30: Lets get Tacky - Wear your Tackiest outfit.

10/31: Costumes – Ghosts and ghouls will roam the Rosener halls.

Dan, and Lu are Foothill College instructors who provide continuing education and engaging talks to PVI Rosener House participants.

**Activities subject to change*