



Peninsula Volunteers, Inc.

ANNUAL REPORT

July 1, 2023 - June 30, 2024

“WE ENABLE SENIORS TO AGE IN PLACE.”

These are simple, powerful words that recognize seniors as engaged and independent members of our community. Our professional staff, the Peninsula Volunteers membership, and our community volunteers care for our seniors and their caregivers, providing comfort, learning, and social interaction to help them remain vibrant members of our community.



PENINSULA VOLUNTEERS, INC.

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(650) 326-0665 | 1pvi.org

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PENINSULA VOLUNTEERS
LITTLE HOUSE
THE ROSLYN G. MORRIS CENTER

CEO LETTER

Dear Friends and Supporters,

As we reflect on another remarkable year at Peninsula Volunteers, Inc. (PVI), we thank each of you for being an essential part of our PVI family. PVI remains as vital to the community today as it was in 1947. You have positively impacted the lives of over 40,000 local seniors and their families with your unwavering support, and we are excited to share some highlights from this past fiscal year made possible by your generosity.

The return of in-person dining at our beloved Little House Café marked an August milestone this year. The café welcomed the community back to modest-priced, freshly prepared meals and warm conversations in a renewed setting.

In late August, we continued to mark our 75th anniversary year with a special Community Celebration at our Senior Activity Center at Little House, bringing together friends, families, and volunteers. The event honored our rich history and served as a reminder of our meaningful work in enhancing the quality of life for older adults.

We proudly launched Quiescence, customized solutions for family caregivers, to support families dealing with Alzheimer's and other dementias. This initiative offers valuable resources tailored specifically for family caregivers, addressing the key challenges they encounter to support their loved ones on an ongoing basis.

Recognizing music's unique ability to uplift spirits and foster connections, we hosted a summer concert series at our Adult Day Services at Rosener House and initiated a new music program at our Senior Activity Center. We are committed to making it a cornerstone of our offerings. Other new programming options included enriching gardening activities, educational lectures, creative "Clay and Chardonnay" events, and more.

In September, we reimagined our major fall fundraiser into a vibrant celebration of community and commitment to PVI's core programs. We were honored to host the talented Luke Grimes, and the overwhelming community support we received allowed us to further improve the daily lives of seniors in our care.

In the Spring, PVI held an engaging and memorable Authors Salon event at the Rosewood Hotel, featuring the renowned actor and author, Henry Winkler, and his book, *Being Henry*. Henry charmed all the guests with his warmth and connection, humorous storytelling, and candid and captivating anecdotes—all making for an unforgettable day benefitting PVI programs.

Looking ahead, we are excited about innovating and expanding programs and services that appeal to the diverse interests and needs of older adults and their families. None of this would be possible without your continued support. Thank you for being a crucial part of our journey. Together, we will continue making a meaningful impact on the lives of those we serve.

With deep gratitude,



Peter Olson
Chief Executive Officer

OUR MISSION

We enable seniors to age in place.

These are simple, powerful words that recognize seniors as engaged and independent members of our community. Our professional staff, the Peninsula Volunteers membership, and our community volunteers care for our seniors and their caregivers, providing comfort, learning, and social interaction to help them remain vibrant members of our community.

OUR VISION

Expanding horizons for seniors to meet the social and physical needs of tomorrow.

OUR VALUES

Respect

We treat everyone equally with dignity and kindness and recognize individual differences and professional boundaries.

Trust

We have faith in our teammates and depend upon each other with confidence that we will all act with integrity.

Commitment

We are devoted to PVI's goals, for the betterment of our clients, the development of our teammates and our growing organization.

Dedication

We align our emotions, our skills and our actions to create the best outcomes for our clients and our teammates.

Compassion

We treat everyone with warmth, empathy, sensitivity and heartfelt sincerity.

SENIOR ACTIVITY CENTER AT LITTLE HOUSE

THE ROSLYN G. MORRIS ACTIVITY CENTER

13,486 visits to our activity center

3,550 physical fitness and
well-being classes annually

PROGRAM BENEFITS

- Variety of enrichment programs that deliver a wealth of lifelong learning.
- Access to affordable fitness classes and personal training for active adults.
- Safe haven for socialization.
- Ability to maintain independence.
- Provides tech training, computer, and WiFi access
- Affordable onsite cafe.



**“Without Little House, I
don’t know what I
would do every day.”**

FUND THE GAP

A single gift of \$60 supports one month of
unlimited access to fitness classes and activities.





Little House | Impact Story



As Darren's core group of friends moved away, he found himself battling loneliness. The thought of making new connections at 74 seemed daunting, but with his son's recommendation, he began coming to Little House's fitness classes.

Why We Do It

Over 700 seniors in our community avoided social isolation by taking part in PVI's social and wellness programming.

PVI Survey

EMAIL

littlehouse@1pvi.org

WEB

1pvi.org/littlehouse

Not long after, his stays at Little House extended into the afternoon where he'd play mahjong or take part in Music with Kris. Now a regular, Darren brightens the staffs' day and even offers to help at the front desk.

ADULT DAY SERVICES

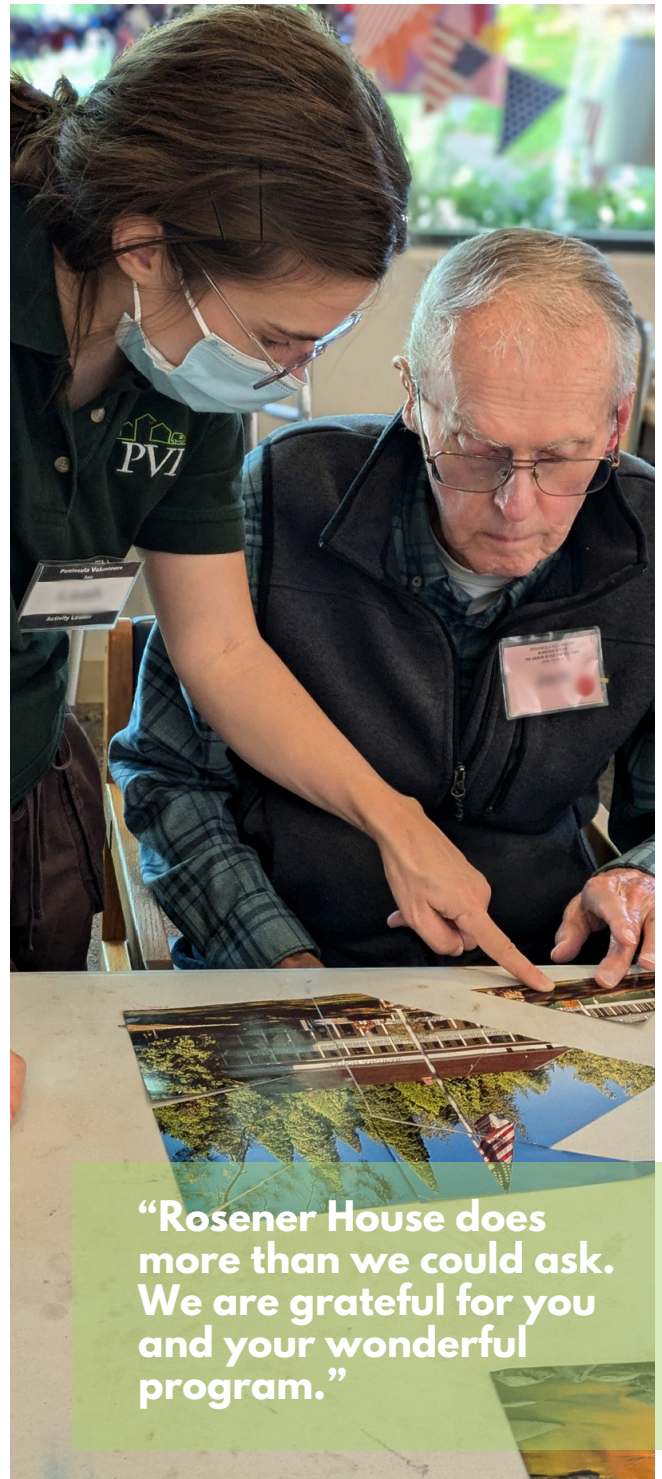
AT ROSENER HOUSE

89% of families remained intact with their Rosener House participants continuing to live at home with them

98% of caregivers reported improved quality of life since using Rosener House services.

PROGRAM BENEFITS

- Supports participants to be as functionally independent as possible through therapeutic activities.
- Provides respite for caregivers.
- Connects families and caregivers to counseling, support groups, and other services.
- Provides socialization to prevent isolation.
- Financial assistance for low-income seniors.



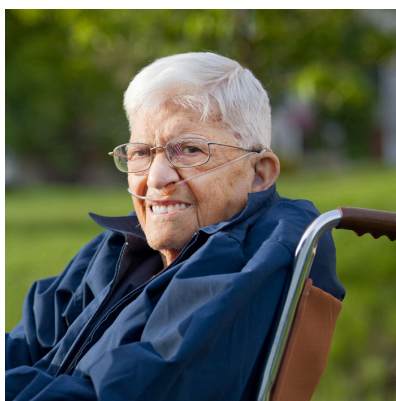
FUND THE GAP

A donation of \$800 will help a participant's family pay for a week of services.





Adult Day Services at Rosener House | Impact Story



Why We Do It

9-in-10 of the Adult Day Services at Rosener House participants continued to maintain their level of functioning, as shown by the Level of Care Assessment that is part of the every-six-month Care Plan review.

PVI Survey

EMAIL

rosenerhouse@1pvi.org

WEB

1pvi.org/rosenerhouse

“There aren’t enough words to say how much Rosener House has improved our lives the last three years. Joel loves to go to Rosener House four days every week. He comes home happy and content. Although he can never verbalize what he has done, he is always anxious to go again!

Rosener House continues to be a magnificent gift to me, his wife, too. You keep him busy, socialized, exercised and fed, better than I ever could. I also appreciate the ongoing education I get from the weekly Support Group and opportunities offered to caregivers. I am always thrilled to tell people about you and your fabulous work. Thank you, thank you for all that you do.” - Paula

RIDE PVI

ON-DEMAND TRANSPORTATION SERVICES

PVI's transportation program provides **over 12,750 rides** to **420 individuals** to get to-and-from medical visits, the grocery store, and Little House Senior Activity Center

PROGRAM BENEFITS

- On-demand transportation with quick dispatch times.
- Rides are monitored by staff for increased safety.
- No smartphone necessary, speak with a live concierge every time.



"This program gave me back the independence I never thought I'd lose."

FUND THE GAP

Your donation of \$500.00 can provide 25 rides for a non-driving senior in need.





Ride PVI | Impact Story



Last month, Jules, a 79-year-old senior, went to the DMV to renew her driver's license and was denied due to her poor vision. This immediately affected Jules' ability to get to her usual appointments and errands.

Why We Do It

1-in-4 Ride PVI users would not be able to keep their vital medical appointments without the program.

PVI Survey

EMAIL

ridepvi@1pvi.org

WEB

1pvi.org/ridepvi

Without relatives nearby and living far from any public transportation, she was stuck at home. Her independence was gone. After hearing about RIDE PVI from a friend, she called, registered, and began resuming her medical visits and medication runs.

NUTRITION SERVICES

PVI MEALS ON WHEELS

94% of clients report that their health has improved as a result of receiving Meals on Wheels.

93% of clients feel they are eating more nutritious foods.

260 service days

132,572 Meals given

"Thank you for having my aunt on your program! Since she has been eating your meals, her weight has stabilized, and her BP lowered so much that she was able to reduce her medication."



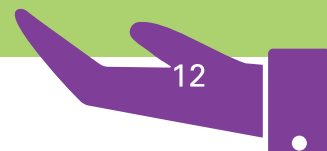
PROGRAM BENEFITS

- 1/3 of an adult's daily nutrition in each meal.
- Increases food security.
- Reduces isolation.
- Referrals to health and community resources.
- Quarterly wellness checks.



FUND THE GAP

\$500 will feed a senior for an entire month.





PVI's Meals on Wheels | Impact Story



Why We Do It

895 members in our community relayed on the meals provided by PVI's Meals on Wheels program.

PVI Survey

EMAIL

mealsonwheels@1pvi.org

WEB

1pvi.org/mealsonwheels

Meals on Wheels supports people in various states of need. It may be the service that folks need as they live out their final years at home, or just a brief support system as they recover from a health scare. That was the case for Ximena, a proud, independent woman living on her own. While alone, she had a fall in her home that led to a broken hip. Not to be discouraged, she was quick to set up vital resources that would help her live independently, and PVI Meals on Wheels was at the core of her plan. It didn't take long for her to recover, but while she recovered, she says, it was a blessing to have PVI Meals on Wheels to support her. "I have made it through a difficult time with your help. The meals and the pleasant drivers made such a difference."

VOLUNTEERS

THE HEART OF OUR ORGANIZATION

Over 431 volunteers dedicated a combined total of 25,385+ hours at PVI.

30.6% of our volunteers were a part of the Senior Activity Center at Little House team.

42.9% of our volunteers helped PVI Meals on Wheels ensure no senior goes hungry.

45.5% of our volunteers were a part of the Adult Day Services at Rosener House team



MAKE AN IMPACT

Visit 1PVI.org and find the right volunteer opportunity for you.



FUNDRAISING



Bourbon, Boots and a Barn - Fall Fundraiser

On September 13, 2023, we hosted our annual fall fundraiser, **Bourbon, Boots and a Barn** at Runnymede Farms, a family-owned estate in Woodside.

Guests enjoyed a Western-themed beer and bourbon tasting, a silent and a live auction, wonderful food by McCalls, and a live performance by country star **Luke Grimes**.



The live auction items ranged from a getaway for two at Montana's paradise, The Ranches at Belt Creek, a Las Vegas experience with tickets for either Garth Brooks or Adele, and a luxurious overnight stay at Flying Goat Vineyards in the heart of the Russian River Valley.



We want to thank all our Bourbon, Boots, and a Barn guests and sponsors. Your support allows us to continue our mission of enabling all seniors to age in place!

FUNDRAISING



33rd Annual Authors' Salon - Spring Fundraiser

April 21, 2024

Rosewood Sand Hill

Our 33rd annual Authors' Salon featured actor, producer, and writer **Henry Winkler**, who passionately delivered his story of perseverance both in education and in Hollywood. Winkler was in good company as Jan Yanehiro returned to moderate the event, and Don Blue joined as our emcee.



Thank you to all our event sponsors, donors, and attendees for an amazing 33rd annual Authors Salon with Henry Winkler. Your support ensures that PVI's critical senior programs continue to be accessible to our community.



Photos by PVI Staff



You can make a difference in the future of Peninsula Volunteers, Inc. and in the lives of seniors in your community.
How you make an impact is up to you!

Donate

Season of Giving? Special occasion? Remembering someone exceptional? Donate to programs that support seniors in need.

1pvi.org/donate

Volunteer

Donate your time to help serve seniors in your community. There are volunteer opportunities for every schedule.

1pvi.org/volunteer

Fundraise

Special occasions like birthdays are a great chance to raise funds for a cause you're passionate about. Donate proceeds from the event of your choice to PVI.

Engage

We're building our online presence! Like, follow, and share our posts on social media.



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